

PLEASE STAY SAFE AND PREPARED



Health Emergency Data and Responsibility

The Department of Health releases a weekly COVID-19 Activity Level Report. It can be found [here](#).

In addition to this report, according to the Camden County Department of Health, the average COVID-19 daily case rate is 372 over the past several days. The Camden County transmission rate over this time was 16.61% and the infection rate was 1.07%.

Testing Positive Over Winter Break

If a student shows symptoms or tests positive or if someone else in the household tests positive over the Winter Break (December 23, 2020 -January 3, 2021), please email the child's school nurse to notify them of the positive COVID-19 test result and include the following information:

- Student Name
- School
- Grade Level
- Date of Symptoms
- Date of Positive Test
- Where Tested
- Contact Information

In addition, if your child has had close contact with a person who has tested positive for COVID-19 this should also be reported.

The school nurse can help you and your family coordinate your isolation or quarantine dates, as well as inform the Camden County Health Department (CCHD). Thank you for cooperating as a community to help reduce the spread of COVID-19.

Highland nurse is Jeanine Trommater, jtrommater@bhprsd.org

Triton nurse is Christa Moore, cmoore@bhprsd.org

Timber Creek nurse is Monica Coslove, mcoslove@bhprsd.org

OR

Complete this [Google Form](#) to make a COVID-19 report for the school nurses.

It Is All About Control...How to Support Your Teenager

-by Julie Scully, Assistant Superintendent

Teenagers need to feel that they have control of their lives. This struggle for control is what often leads to arguments between caretakers and their teenage children. It is the classic right of passage. Now add a pandemic into that mix and a teenager's craving for autonomy and independence becomes even more crucial.

How can you help your student manage their need for control while staying safe? Research will tell you that it is time to hand the decision-making reins over to our teens. Yet letting your teen become the decision-maker, doesn't mean you have to become permissive, indulgent, or disengaged as a parent.

The time is now. Believe it or not, we are into the middle of December, which means the start of the second semester – January 25th – is getting closer. Caretakers can help their children learn to be independent by:

1. Encouraging them to create a plan for getting their schoolwork done. This will allow teens to take ownership and responsibility for their schoolwork while practicing time management. Has your child checked their grades in Genesis? Have they made up missing assignments? Have them show this to you rather than logging in yourself.
2. Knowing that teens often want to talk about how their interests factor into "the big picture" and want to know why a class actually matters. Parents can talk with them about their plans for the future and how school factors into that plan. Counselors will be scheduling virtual appointments with students at the start of the second semester to discuss their classes - it is important that your student shows up to this appointment and participates in planning for the upcoming academic year.
3. Recognizing that socializing is an important need at this point in a young person's life, as it helps them develop their own identity. Let them connect safely with friends. Suggest virtual meetups or outside activities such as ice skating or hiking.
4. Being sensitive to the fact that teenagers' biological clocks lead them to stay up late and sleep late, but they need to log-in to their classes by 7:45 am each day. Support them by encouraging them to set alarms, to catch up on sleep at other times during the day and to self-regulate their time on electronic devices.

November 30, 2020 – January 8, 2021 - We must operate as a **remote-only instructional model for a period of time from November 30, 2020 through January 8, 2021, unless health data suggest a longer period of time.**

- The remote-only learning model will follow the same Monday, Tuesday, Thursday, and Friday half-day schedule, where all students will log into Google every day and participate in remote, live, synchronous instruction and asynchronous learning every day.
- Wednesday will remain the same as a remote, synchronous live schedule as it has been.
- On the afternoons of Monday, Tuesday, Thursday, and Friday, students can receive extra academic support, counseling services, or remote tutoring.

Remember to follow the directives of your teachers. They should be providing direction on how and when to log in for classes.

Please utilize the services that are still available to students, even though we will be on a remote learning model. Our school counselors are ready to assist students and parents with college and career planning and providing students with strategies to improve their outlook. We have reading specialists, language arts literacy tutors, math tutors, and over 300 eager teachers to assist students with academic support. As caregivers, please remember to check your child's grades by logging into the Genesis Parent Portal. Please direct any questions to your child's teachers and they will respond in a timely fashion.

In need of internet? We can help. In need of headphones? We can help. Contact the school for anything you think will help your child succeed because we are here to ensure the success of all of our students.

Please remember to check our website for valuable information and updates about this school year at www.bhprsd.org.

SECOND MARKING PERIOD BEGAN NOVEMBER 16, 2020

Inclement Weather Days

In preparations for potential inclement weather, the school calendar has been adjusted to allow students to participate in an all-remote learning day rather than the cancellation of school.

Career Corner

By Mrs. Lauren McElroy, Highland Counselor

I am often asked by students "What type of Career should I choose?" My answer is usually something like "What do you feel is important or What areas do you excel in?" To which I am typically greeted with a blank stare or "Aren't you the Career Counselor?" Yes, I am the Career Counselor, unfortunately I don't have a crystal ball for each student to tell you what you should do. Choosing a Career is difficult. Many adults don't know what they want to do, so how should High School students? You don't have to have your life planned and mapped out before you graduate. It is ok not to know.

Did you know that it is said that most people will have between 5-7 Careers during their life? Things that interest you now, may not be what interests you as you get older. Or, the Career you chose may not fit into your lifestyle/goals as you get older. It does not mean you are a failure or you did anything wrong, it just means you are evolving.

Although it is ok not to know what Career field you may want to pursue, it is still important to take the time to investigate Careers you may be interested in. Things you may want to think about are "What schooling/training does this Career require and how long will it take to complete? Is this Career in high demand? What are the daily expectations? What type of setting will I work in?" I found a great 3 minute video "#Futuready: Exploring Careers" that will provide you with some things to think about as you are looking towards your future. Take a look and click on the link below.

<https://www.youtube.com/watch?v=V2345VNkAyY>

Stay safe and be well!

Good luck!

BHPRSD Shifts to Remote Learning Model

November 30, 2020 – January 8, 2021

The Black Horse Pike Regional School District has been advised by the Camden County Department of Health and our School Physician that as a result of increased [local positive COVID-19 cases](#) and other school districts transitioning to a remote-only learning model, we must operate as a **remote-only instructional model for a period of time from November 30, 2020 through January 8, 2021, unless health data suggest a longer period of time.**

- The remote-only learning model will follow the same Monday, Tuesday, Thursday, and Friday half-day schedule, where all students will log into Google every day and participate in remote, live, synchronous instruction and asynchronous learning every day.
- Wednesday will remain the same as a remote, synchronous live schedule as it has been.
- On the afternoons of Monday, Tuesday, Thursday, and Friday, students can receive extra academic support, counseling services, or remote tutoring.

Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 7:45 am – 8:42 am	Period 2 7:45 am – 8:42 am	Period 1 8:00 am – 8:30 am Period 2 8:35 am – 9:05 am	Period 1 7:45 am – 8:42 am	Period 2 7:45 am – 8:42 am
Period 3 8:46 am – 9:43 am	Period 4 8:46 am – 9:43 am	Period 3 9:10 am – 9:40 am Period 4 9:45 am – 10:15 am BREAK 30 MIN	Period 3 8:46 am – 9:43 am	Period 4 8:46 am – 9:43 am
Period 5 9:47 am – 10:44 am	Period 6 9:47 am – 10:44 am	Period 5 10:45 am – 11:15 am Period 6 11:20 am – 11:50 am	Period 5 9:47 am – 10:44 am	Period 6 9:47 am – 10:44 am
Period 7 10:48 am – 11:45 am	Period 8 10:48 am – 11:45 am	Period 7 11:55 am – 12:25 pm Period 8 12:30 pm – 1:00 pm	Period 7 10:48 am – 11:45 am	Period 8 10:48 am – 11:45 am
Afternoons: M-R until 2:40pm, Friday until 2:10pm Teacher Office Hours, Planning and Academic Extra Help... AND...				
Students complete Asynchronous Work for Periods 2, 4, 6 and 8 (20 minutes each)	Students complete Asynchronous Work for Periods 1, 3, 5 and 7 (20 minutes each)	Students work on asynchronous assignments	Students complete Asynchronous Work for Periods 2, 4, 6 and 8 (20 minutes each)	Students complete Asynchronous Work for Periods 1, 3, 5 and 7 (20 minutes each)

How you can help your child embrace change and achieve success:

- Make sure that your child **logs on** to their teachers' Zoom or Google Meet at **7:45 am sharp every day** that they are not physically in school.
- Have your child **email their teacher** to schedule a private zoom session **for extra help** and/or to have their **questions** answered starting at 12:35 pm each day.
- Sign in to the **Parent Portal** to **check your child's grades** and view teacher comments.
- Check the **calendar links** on teacher websites for your child's classes to see the **assignments** given.

Remember, **TOGETHER** we can accomplish anything!

SECOND MARKING PERIOD BEGAN NOVEMBER 16, 2020

ATHLETICS UPDATE

The Black Horse Pike Regional School District will continue to support co-curricular programs where possible dependent upon health conditions and COVID-19 data.

The [NJSIAA has released additional guidance](#), which delays the Winter Athletic Season as per their schedule. When permitted by the NJSIAA, the Black Horse Pike Regional School District will work with coaches, parents, student-athletes, and faculty members so that we can continue participation sensibly as to not contribute to infection rates in accordance with the NJSIAA. Obviously, what we know and have learned is that we cannot control a virus if those in the local and larger communities, especially those participating in co-curricular activities, are not responsible about personal hygiene, mask wearing, and social distancing. Those who are advising clubs and other co-curricular programs, except athletic programs, can continue to do so after 2 pm, so long as there is no contact between participants, masks are worn, social distancing is adhered to, and good personal hygiene are followed. We will inform you if that determination changes.

If a student-athlete is not exerting his or herself, they must wear a mask on the sideline. Cheerleaders and any Music participants must do the same when they are not exerting themselves. This is a directive from the Department of Health.

For detailed information on eligibility and forms for your student athlete, please go the following school web links:

[Timber Creek](#)

[Triton](#)

[Highland](#)

Breakfast & Lunch: Free to All Students

ALL students are eligible for free breakfast and lunch every day, whether they are in school or not, so long as New Jersey continues their support of this food service program. This is great news for our families.

Food service will be available to all students even while the school district is operating a remote learning model. **The 7-day meal package will be available for students/families to pick up at each school between the hours of 12 pm-2pm and 5pm-7pm on Wednesdays.** Need a gallon of milk...for free? Get one of our 7-day meal packages.

If you have any questions or concerns regarding food service or have a need for delivery, please call 856-227-4100 extension 4012. Again, we will deliver food to our community based students, you just have to call and request a delivery service.

Click the links below for the food service form.

[Timber Creek](#)

[Highland](#)

[Triton](#)

IN NEED OF TECHNOLOGY ASSISTANCE?

Here is a link to solutions to common Chromebook issues. These solutions can help get you back up and running with minimal effort and without the need to come into the building for a replacement/repair.

<https://www.bhprsd.org/cms/lib/NJ01001930/Centricity/Domain/4/Common%20Chromebook%20Troubleshooting.pdf>

If these solutions do not work and your technology issue requires repair and assistance, please follow these directions:

Chromebook Repair Procedures

Chromebook Repairs will take place at your building and will continue to follow the procedures that have been in place.

If your chromebook is in need of repair, you may come to the school during building hours to pick up a replacement.

You do not need to make an appointment. Loaner chromebooks will be available at the front desk/office.

You will be instructed to fill out a form when dropping off your chromebook and picking up a loaner.

Technology will contact you when your chromebook is repaired and ready to be picked up.

Chromebook Question/Assistance

If you have a general chromebook question please email:

tritonhelpdesk@bhprsd.org

timbercreekhelppdesk@bhprsd.org

highlandhelppdesk@bhprsd.org

[How Do I Properly Wear A Mask](#)
[How To Strengthen Your Immunity](#)
[Learn Who Is Hiring In Your Community](#)
[Unemployed and Need Assistance](#)

If you have any questions or concerns about COVID-19 or need support, Call 2-1-1 for information or text "NJCOVID" to 898-211 or click this [link](#) for more resources.